RESEARCH ARTICLE

Evaluation of a pilot program for task sharing short and long-acting contraceptive methods in Burkina Faso [version 1; peer review: 3 approved with reservations]

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Abstract

Background: The Family Health Directorate of the Ministry of Health (MoH/FHD) and Marie Stopes Burkina Faso (MS BF), with implementing partners, Association Burkinabé pour le Bien-être Familial (ABBEF) and Equilibres & Populations (Equipop) collaborated to conduct a pilot project in Burkina Faso focused on "increasing access to family planning (FP) services through task-sharing short- and long-acting family planning methods to primary care cadres." Four cadres of providers were trained to provide intrauterine devices (IUDs) and implants, while community health workers (CHWs) were trained to provide pills and subcutaneous injectables. FHI 360 and the Institut Supérieur des Sciences de la Population (ISSP) evaluated the project's impact on method uptake, client satisfaction, safety, acceptability and the feasibility of task sharing.

Methods: The evaluation employed service statistics, client exit interviews (quantitative) and in-depth interviews (qualitative). New FP clients, community representatives, MoH officials, and pilot project-trained FP providers from Dandé and Tougan districts participated in these interviews.

Results: Providers, community representatives and government officials all spoke favorably of the pilot project and considered it a boon to women and the communities in which they lived. FP clients were satisfied with their methods and the services they received from their respective providers, and they reported no safety concerns. However, service statistics did not show a clear and steady increase in method uptake for the four methods beyond spikes coinciding with pre-existing free contraceptive weeks.

Conclusions: Results of the evaluation were largely positive. These evaluation findings are being used to guide decisions about scale-up.

Keywords

task sharing, community health worker, primary care worker, oral contraceptive pills, injectables, implant, long-acting reversible methods, Burkina Faso
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Introduction

Task sharing has been implemented in the field of family planning (FP) to increase access to contraception—particularly for women in rural and underserved areas. Task sharing facilitates the provision of health services by lower-level, and often more accessible, providers. Provision of long-acting and permanent methods (LAPMs) by clinical and health officers; long-acting reversible contraceptives (LARCs) by midwives, auxiliary nurses and some lay health workers; and injectable contraceptives by community health workers are all examples of task sharing.

Programs and pilot studies—conducted in countries with acute provider shortages—are leading the way in expanding the scope of and providing the impetus to modify recommendations for FP task sharing. Burkina Faso is poised to increase access to short- (pills, injectables) and long-acting methods (implants, intrauterine devices (IUDs)) by task sharing their provision to primary care cadres. As reported in the fifth round of Performance Monitoring and Accountability 2020 (PMA2020) data collection (November 2017 to January 2018), the modern contraceptive prevalence rate (mCPR) in Burkina Faso for women in union was 30.1%, and for all women, 26.4%. Implants accounted for 50% of modern method use among women in union—the highest proportion in Africa—while the subcutaneous formulation of injectable contraception, depot-medroxyprogesterone acetate for subcutaneous injection (DMPA-SC), and oral contraceptive pills (OCPs) accounted for about 11.0% each. Intramuscular injectable (DMPA-IM) and intrauterine device (IUD) use were reported by 17% and 4%, respectively, of women in union. In the National Plan of Burkina Faso for Acceleration of Family Planning, 2017–2020, the Government of Burkina Faso set a goal for modern contraceptive use at 32% by 2020. Though already close to the stated goal, Burkina Faso can truly accelerate FP uptake by promoting measures such as task sharing that expand access to FP services.

The Family Health Directorate of the Ministry of Health (MoH/FHD) and Marie Stopes Burkina Faso (MS BF), along with implementing partners Association Burkina kobé pour le Bien-être Familial (ABBEF) and Equilibres & Populations (Equipop), collaborated as a Consortium to conduct a pilot project in Burkina Faso with the goal of “increasing access to family planning services through task-sharing short- and long-acting family planning methods to primary care cadres.” The pilot project was designed and implemented under the stewardship of the MoH of Burkina Faso, in partnership with MS BF, ABBEF and Equipop. FHI 360 and the Institut Supérieur des Sciences de la Population (ISSP) evaluated this project’s impact on method uptake, client satisfaction, safety, acceptability and feasibility of task sharing. This paper describes the results of the evaluation.

The Pilot Intervention

The pilot project was implemented in two rural health districts: Dandé in Hauts-Bassins region and Tougan in Boucle du Mouhoun region, which include rural areas with high unmet need for FP (23.8% vs. 17.4% in urban areas) and significant potential to increase access to FP. Events that sensitized the community to FP were held in these districts. The pilot implemented task sharing of short-acting methods to community health workers (CHWs) and long-acting methods to four health cadres lower than doctors and clinical officers: registered nurses, registered birth attendants, auxiliary birth attendants, and mobile health workers. They are collectively referred to as primary care cadres in this paper and are distinguished as a group from the lay cadre, CHWs.

In total, 79 primary care providers were trained to provide long-acting, reversible contraceptive methods (LARCs) at 26 health centers in Dandé and Tougan (Table 1). A total of 128 CHWs affiliated with those health centers were also trained to provide comprehensive FP counseling, prescribe OCPs and safely administer the subcutaneous formulation of injectable contraceptives (DMPA-SC). CHWs began providing services earlier than both groups of primary care providers—by January 2017 after being trained in November and December 2016. Primary care providers in Dandé began providing services in February 2017 (training January to February 2017), while their counterparts in Tougan initiated service provision in April 2017 (training December 2016 to March 2017). By the end of April 2017, all trained providers in both districts had also received follow-up training and supervision.

The objective of the evaluation was to assess whether task sharing long-acting FP services with primary care cadres and short-acting FP services with CHWs is feasible and can increase uptake of high quality, safe and acceptable FP services in Dandé and Tougan districts. The following indicators guided data collection, analysis and interpretation:

- Perceptions of feasibility and acceptability of method provision as reported by primary care cadres, CHWs and key informants;
- Reports of client satisfaction with (and therefore, acceptability of) methods and services received;
- Client reports of service quality (quality of care);
- Number of injuries or adverse events reported with the provision and use of long-acting and short-acting contraceptive methods (safety);
- Comparison of FP uptake statistics on long-acting and short-acting contraceptive methods before and after pilot initiation (calendar years 2016 and 2017).

Method

Overview

A mixed methods descriptive evaluation utilizing service statistics and client exit interviews (quantitative) as well as in-depth interviews (qualitative) was conducted between December 2017 and May 2018—commencing several months after primary care providers began providing LARC methods, and almost a year after trained CHWs began providing pills and injectables.
This gave intervention sites sufficient time to provide follow-up supervision and to standardize pilot project procedures before initiation of the external evaluation.

In-depth interviews (IDIs) were conducted with a subset of primary care providers and CHWs, community representatives, as well as district and national level MoH personnel. Client exit interviews were conducted with women who received methods from providers trained in the pilot project. Service statistics of FP uptake were collected in Tougan and Dandé districts.

The qualitative component: primary care cadres, community health workers, community representatives and government officials. Two community representatives from Dandé and two from Tougan along with a total of seven district-level and national-level officials from the MoH were selected for key informant interviews to provide feedback on sociocultural, normative (community representatives) and high-level, administrative perspectives (MoH officials). These participants were recruited via purposive sampling, where pertinent individuals were identified by Consortium members as having knowledge of FP services locally or nationally.

In-depth interviews were conducted with primary care providers and CHWs to understand their respective experiences and views of task sharing FP services. Primary care providers and CHWs were recruited via convenience sampling. One each of registered nurses, registered birth attendants, auxiliary birth attendants, and mobile health workers from both districts were selected. For CHWs, four were chosen from Dandé and four from Tougan.

Evaluation procedures

Family planning client interviews. Data collectors, with assistance from participating primary care providers at health centers and CHWs in the evaluation catchment areas, identified FP clients who were of reproductive age, adult or emancipated if under 18 years of age (i.e., married), and met the criterion for new contraceptive user (accepted an FP method they used for the first time from intervention-trained provider between December 2017 and February 2018). At health centers, LARC clients who expressed interest in participating in the evaluation were directed to data collectors posted on-site. In health center catchment areas, CHWs informed eligible acceptors of

We obtained service statistics from the MoH on FP uptake before initiation and during implementation of the pilot project intervention (calendar years 2016 and 2017) to allow comparisons of FP uptake before and during the intervention. Dandé’s service statistics covered 11 months of the intervention; Tougan’s statistics covered nine months due to the two-month difference in initiation of the pilot.

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The quantitative component: family planning clients and service statistics. All users new to their chosen long-acting or short-acting method, and who received FP services from a provider trained for and affiliated with any of the 26 project sites, were approached to participate in the evaluation. Surveys focused on satisfaction with their chosen method and the services received from their providers. To determine the desired sample size, we estimated the proportion of women who would report that their provider talked to them about the possibility of side effects associated with FP method use (a key indicator of service quality). We used a base estimate of 75% for this indicator, resulting in a minimum sample size of 284 clients to estimate this indicator within 5% with a 95% confidence interval. We assumed that at least 75% of providers would discuss the possibility of side effects, because they were trained and received follow-up supervision for the pilot intervention. We did not anticipate needing to use the more conservative standard, a 50% base estimate.

We obtained service statistics from the MoH on FP uptake before initiation and during implementation of the pilot project intervention (calendar years 2016 and 2017) to allow comparisons of FP uptake before and during the intervention. Dandé’s service statistics covered 11 months of the intervention; Tougan’s statistics covered nine months due to the two-month difference in initiation of the pilot.

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A total of 8 MoH officials were initially identified for key informant interviews, but we were unable to conduct the eighth IDI within a reasonable amount of time.
injectables and OCPs about the evaluation. The name and contact information of CHW clients who were interested in participating were promptly given to data collectors who then contacted clients for an interview within one week to reduce recall bias. Before initiating the interview, data collectors confirmed that each client met eligibility criteria and obtained informed consent.

Surveys were administered in French via electronic tablets, with explanations provided as needed to participants in the local languages (Dioula or Moore). All data collectors were fluent in the three languages. Family planning clients were interviewed between December 12th, 2017 and February 4th, 2018 in designated areas that provided audio, and if possible, visual privacy within evaluation facility catchment areas. Interviewers obtained information on clients’ sociodemographic characteristics, experiences using contraceptive methods, factors in client decision to use their chosen method, interaction with and information provided by the primary care provider or CHW, and client satisfaction with her choice of method and with the provider.

In-depth interviews. Both types of providers, community representatives and government officials were asked for their opinions on task sharing in general, and specifically, how the process functioned in the Consortium’s pilot project. Interviews captured perceptions of demand for FP services and the role task sharing plays in creating demand, perceived challenges and successes of task sharing, the availability of FP stocks/commodities, community acceptance/non-acceptance of task sharing FP services, primary care provider and CHW workload and motivation, appraisal of provider training and supportive supervision related to task sharing, and recommendations for scale-up of task sharing in Burkina Faso.

Interviews were conducted in French or the local language using a hard copy interview guide (see extended data10). Interviews were also audio recorded to produce transcripts. Primary care providers were interviewed between December 11th and 21st, 2017 in a private location within the facility. Interviews with the eight CHWs were conducted between December 14th and 24th, 2017 and were also located in a private area within the evaluation facility. The four community representatives were interviewed between December 17th and 19th, 2017 in their homes, while the government officials were interviewed between January 31st and March 19th, 2018 in their offices.

During the evaluation, access to hard copy and electronic data was granted only to staff at ISSP and FHI 360. Informed consent forms signed by evaluation participants were stored in a separate locked drawer or cabinet. Electronic data were stored in password-protected files. Upon completion of the evaluation, all stored materials were destroyed at ISSP. All electronic data were transferred to FHI 360.

Data analysis procedures

Quantitative data. Client survey data were cleaned and analyzed in Stata15. Frequencies, means and crosstabulations were computed. Health Management Information System (HMIS) data on FP uptake were organized in an Excel spreadsheet (Office 365 v.180811) for descriptive analysis and were represented graphically to illustrate changes over time.

Qualitative data. Qualitative data gathered through IDIs with providers, community key informants and government representatives were analyzed using an applied thematic analysis approach13. A team of two qualitative analysts created a structured codebook for each type of interview and tested them on the first few IDIs available for analysis, and coded all transcripts in NVivo 1114. Intercoder reliability was established at 92%.15 Analysis memos were developed to summarize findings related to the interview domains.

Ethical considerations and consent

FHI 360’s Protection of Human Subjects Committee (PHSC) granted this evaluation (Project #: 1106971) research exempt status according to the requirements under 45 CFR 46.101. Burkina Faso’s Comité d’Ethique pour la Recherche Santé (CER-Ethics Committee for Health Research) in the Ministry of Health approved the evaluation (Deliberation No. 2017-11-173) without reservations or recommendations. All participants voluntarily agreed to take part in the evaluation following the written informed consent process executed by trained data collectors.

Results

Family planning client characteristics and method choice

A total of 425 new FP clients were interviewed for the evaluation (see underlying data10). Average age of participants was 27.8 years with women ranging from 17 to 49 years old (Table 2). Most women were married, had not attended school and had already given birth. The average age of the youngest child was about one year old. More than 75% wanted to have a baby sometime in the future, with 57% wanting that to occur more than two years from the time they were interviewed. Another 15% wanted to give birth within the next two years.

About 47% of participants were LARC acceptors recruited from clinics and the remaining 53% were clients of CHWs who chose injectable contraception or pills. Just over 46% were using a contraceptive method for the first time. Injectable contraception and implants were used most commonly, followed by IUDs and pills (Table 2).

With regard to the key outcome variable, 85.7% (95% CI: 82.3% to 89%) of clients reported that the provider discussed possible and normal side effects associated with use of their chosen method. This figure was significantly greater than our base estimate of 75%, which allowed us to obtain a more than adequate sample size.

Feasibility

Feasibility of the pilot intervention was assessed by asking primary care providers and CHWs about changes in their workload, the integration of clinic activities with task sharing of IUD and implant services, and if task sharing created or exacerbated stockouts of commodities. Government officials
Table 2. Sociodemographic and family planning characteristics of evaluation participants.

<table>
<thead>
<tr>
<th>Demographics and family planning characteristics</th>
<th>Percent or mean (range, SD) (n=425)</th>
</tr>
</thead>
<tbody>
<tr>
<td>District</td>
<td></td>
</tr>
<tr>
<td>Dandé</td>
<td>33.9</td>
</tr>
<tr>
<td>Tougan</td>
<td>66.1</td>
</tr>
<tr>
<td>Age in years</td>
<td>27.8 (17 – 49; 7.2)</td>
</tr>
<tr>
<td>Marital status</td>
<td></td>
</tr>
<tr>
<td>Single</td>
<td>8.0</td>
</tr>
<tr>
<td>Married</td>
<td>86.6</td>
</tr>
<tr>
<td>Unmarried, living together</td>
<td>4.5</td>
</tr>
<tr>
<td>Separated/divorced</td>
<td>0.7</td>
</tr>
<tr>
<td>Widowed</td>
<td>0.2</td>
</tr>
<tr>
<td>Highest class completed</td>
<td></td>
</tr>
<tr>
<td>No school</td>
<td>65.4</td>
</tr>
<tr>
<td>Primary</td>
<td>19.8</td>
</tr>
<tr>
<td>Secondary (1st cycle)</td>
<td>12.9</td>
</tr>
<tr>
<td>Secondary (2nd cycle)</td>
<td>0.5</td>
</tr>
<tr>
<td>Post-secondary</td>
<td>0.2</td>
</tr>
<tr>
<td>Other</td>
<td>1.2</td>
</tr>
<tr>
<td>Given birth to any children</td>
<td>95.5</td>
</tr>
<tr>
<td>Age of your youngest child in years</td>
<td>1.2 (0 – 11; 1.7)</td>
</tr>
<tr>
<td>Would like to have a(nother) baby sometime in the future</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>17.7</td>
</tr>
<tr>
<td>Yes</td>
<td>75.5</td>
</tr>
<tr>
<td>Unsure/Don't know</td>
<td>6.8</td>
</tr>
<tr>
<td>When want to have first/next baby?</td>
<td></td>
</tr>
<tr>
<td>In the next two years</td>
<td>14.8</td>
</tr>
<tr>
<td>More than two years from now</td>
<td>57.4</td>
</tr>
<tr>
<td>It's not up to me</td>
<td>0.45</td>
</tr>
<tr>
<td>Other</td>
<td>0.7</td>
</tr>
<tr>
<td>Unsure/Don't know</td>
<td>2.1</td>
</tr>
<tr>
<td>Client type</td>
<td></td>
</tr>
<tr>
<td>Primary provider client</td>
<td>47.1</td>
</tr>
<tr>
<td>CHW client</td>
<td>52.9</td>
</tr>
<tr>
<td>First time used FP</td>
<td>46.6</td>
</tr>
<tr>
<td>FP method recently accepted</td>
<td></td>
</tr>
<tr>
<td>Pills</td>
<td>4.5</td>
</tr>
<tr>
<td>Injectable</td>
<td>48.5</td>
</tr>
<tr>
<td>Implant</td>
<td>30.6</td>
</tr>
<tr>
<td>IUD – intrauterine device</td>
<td>16.5</td>
</tr>
</tbody>
</table>

IUD – intrauterine device
were asked if they thought the task sharing intervention worked well, while community representatives were asked if they felt the intervention met the needs of the people.

Over half of providers interviewed stated that their workload increased as a result of participating in the pilot intervention. Among primary care providers, some described spending more time counseling clients or having more clients; some mentioned that having few providers in the health facilities increased their workload. Nevertheless, most said that they were not over-burdened by the increases and some mentioned they were gaining useful experiences through the pilot.

CHWs tended to describe larger or more burdensome increases in their workload and noted that they had responsibilities that were different from and in addition to their existing work. Others noted that they experienced challenges with transportation, accessing clients and not being paid for their work in the pilot.

"It [the pilot] has increased the workload, because we are doing two jobs. We work for the government and for task sharing. But the two jobs, it is the government that gives us [CFA] 20000 [approximately USD $35]. On the other side, we gain nothing." [CHW, Dandé]

Regarding service integration in primary care facilities, it appeared that increasing access to LARC provision may have overwhelmed some facilities but did not affect others. Some providers stated that providing LARCs did not affect the clinics’ other activities and that they were able to provide FP methods during consultations for other issues or refer to the maternity unit. Others mentioned that women who came to facilities to obtain IUDs or implants during the pilot had to wait or come back when a provider was free. Some respondents said that the pilot increased wait times at the clinic.

When asked about stockouts, a few primary care providers described current or prior issues with having stockouts of implants and basic materials. A few primary care providers mentioned that women went to other facilities for FP methods due to stockouts. Only two CHWs mentioned issues with stockouts; the majority mentioned that they did not have any problems or avoided stockouts by being proactive about ordering additional supplies before they ran out.

MoH officials noted that the pilot intervention increased the availability of and demand for LARCs, and they considered that a success. One government official noted that in the regions where the program was active, there was someone capable of providing LARCs at every health center, while in the communities, there was a health worker who could offer pills and injectables. Ministry officials also noted the greatest challenge as the lack of financial incentives for providers, especially CHWs. One government official also noted that provider attrition was a problem, with trained providers leaving and being replaced with untrained counterparts.

Community representatives felt that the intervention met the needs of the people, particularly because women did not need to travel far for FP services. Community sensitization to FP that accompanied the pilot intervention was also noted as helpful, as it motivated men to get on board, which empowered women to plan their families.

"This project is thought to help our village a lot. It allowed women to have children on time. So, if the program is sustainable, you will see that there are many changes in the lives of people." [Community Representative, Dandé]

Acceptability

Acceptability as measured by client satisfaction. Client reports reflected satisfaction with services and with providers. About 84% of FP acceptors reported being very satisfied with their method (with slightly fewer IUD users very satisfied), while 12% were somewhat satisfied and less than 1% were not satisfied with their chosen method (Table 3). With regard to satisfaction with overall services, pill users were most apt to be very satisfied, followed by injectable, implant and IUD acceptors. A similar picture emerged when clients were asked how satisfied they were with their particular provider’s services.

Examining satisfaction indicators by provider type (Table 4), indicated that the clients of CHWs and primary care providers are equally satisfied with their chosen method and overall services. However, when asked how this experience of initiating a new FP method compared with their usual experience of receiving health care services, more clients of primary care providers reported that it was a better experience than clients of CHWs (75.0% vs. 62.1%, p=0.004).

Community perspectives. Both community representatives from Dandé described positive community attitudes towards CHWs providing short acting methods. They reported that community attitudes had changed and become more positive towards FP use and that misperceptions had decreased due to the pilot.

"It's good. People in the community see this as a help to the people ... now that even primary care providers can do it, we are happy and satisfied. What we want is for them to help health workers by giving them knowledge so that the work can be done ... There are no problems." [Community representative, Dandé]

One representative from Tougan noted that some women were hesitant because CHWs were not formal healthcare providers and recommended that they be accompanied by a formal healthcare provider to build trust in their abilities. The other representative stated that community attitudes were mixed. For example, the representative mentioned that some men are supportive while others are not, and some community members have negative attitudes towards FP in general.

"Everyone cannot agree at the same time. There are people who have understood and who give money to their wife to go and there are others too, the woman will tell him a thousand times but he will not accept. There are people like that too. So, there are Yes and there are also No." [Community Representative, Tougan]
Table 3. Satisfaction indicators by method type.

<table>
<thead>
<tr>
<th>Satisfaction with method</th>
<th>Pills % (n=19)</th>
<th>Injectable % (n=206)</th>
<th>Implant % (n=130)</th>
<th>IUD % (n=70)</th>
<th>Total % (n=425)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very satisfied</td>
<td>89.5</td>
<td>85.9</td>
<td>83.9</td>
<td>78.6</td>
<td>84.2</td>
</tr>
<tr>
<td>Somewhat satisfied</td>
<td>10.5</td>
<td>9.7</td>
<td>13.1</td>
<td>17.1</td>
<td>12.0</td>
</tr>
<tr>
<td>Not satisfied</td>
<td>0.0</td>
<td>0.5</td>
<td>0.0</td>
<td>0.0</td>
<td>0.2</td>
</tr>
<tr>
<td>Don’t know/no response</td>
<td>0.0</td>
<td>2.4</td>
<td>2.3</td>
<td>4.3</td>
<td>2.6</td>
</tr>
<tr>
<td>Refused</td>
<td>0.0</td>
<td>1.5</td>
<td>0.8</td>
<td>0.0</td>
<td>0.9</td>
</tr>
<tr>
<td>** Satisfaction with services overall**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Very satisfied</td>
<td>94.7</td>
<td>88.8</td>
<td>87.7</td>
<td>84.3</td>
<td>88.0</td>
</tr>
<tr>
<td>Somewhat satisfied</td>
<td>5.3</td>
<td>10.2</td>
<td>12.3</td>
<td>15.7</td>
<td>11.5</td>
</tr>
<tr>
<td>Not satisfied</td>
<td>0.0</td>
<td>1.0</td>
<td>0.0</td>
<td>0.0</td>
<td>0.5</td>
</tr>
<tr>
<td>** Satisfaction with FP provider**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Very satisfied</td>
<td>94.7</td>
<td>93.7</td>
<td>94.6</td>
<td>88.6</td>
<td>93.2</td>
</tr>
<tr>
<td>Somewhat satisfied</td>
<td>5.3</td>
<td>5.8</td>
<td>5.4</td>
<td>11.4</td>
<td>6.6</td>
</tr>
<tr>
<td>Not satisfied</td>
<td>0.0</td>
<td>0.5</td>
<td>0.0</td>
<td>0.0</td>
<td>0.2</td>
</tr>
</tbody>
</table>

Table 4. Satisfaction indicators by provider type.

<table>
<thead>
<tr>
<th>Satisfaction with method</th>
<th>Very satisfied</th>
<th>Somewhat satisfied</th>
<th>Not satisfied</th>
<th>Don’t know/no response</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pills % (n=206)</td>
<td>82.0</td>
<td>14.5</td>
<td>0.0</td>
<td>3.0</td>
<td>0.0</td>
</tr>
<tr>
<td>Injectable % (n=130)</td>
<td>86.2</td>
<td>0.4</td>
<td>0.0</td>
<td>2.2</td>
<td>0.0</td>
</tr>
<tr>
<td>Implant % (n=70)</td>
<td>84.2</td>
<td>0.2</td>
<td>0.2</td>
<td>2.6</td>
<td>0.0</td>
</tr>
<tr>
<td>** Satisfaction with services overall**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pills % (n=206)</td>
<td>86.5</td>
<td>13.5</td>
<td>0.0</td>
<td>0.9</td>
<td>0.0</td>
</tr>
<tr>
<td>Injectable % (n=130)</td>
<td>89.3</td>
<td>9.8</td>
<td>0.9</td>
<td>0.5</td>
<td>0.0</td>
</tr>
<tr>
<td>Implant % (n=70)</td>
<td>88.0</td>
<td>11.5</td>
<td>0.5</td>
<td>0.2</td>
<td>0.0</td>
</tr>
<tr>
<td>** Satisfaction with FP provider**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pills % (n=206)</td>
<td>92.5</td>
<td>7.5</td>
<td>0.0</td>
<td>0.4</td>
<td>0.2</td>
</tr>
<tr>
<td>Injectable % (n=130)</td>
<td>93.8</td>
<td>5.8</td>
<td>0.4</td>
<td>2.2</td>
<td>0.0</td>
</tr>
<tr>
<td>Implant % (n=70)</td>
<td>93.2</td>
<td>6.6</td>
<td>0.2</td>
<td>0.0</td>
<td>0.0</td>
</tr>
</tbody>
</table>

Comparison of this FP experience with other health care services

<table>
<thead>
<tr>
<th>Comparison of this FP experience with other health care services</th>
<th>Better</th>
<th>Same</th>
<th>Worse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pills % (n=206)</td>
<td>75.0</td>
<td>25.0</td>
<td>0.0</td>
</tr>
<tr>
<td>Injectable % (n=130)</td>
<td>62.1</td>
<td>36.2</td>
<td>1.8</td>
</tr>
<tr>
<td>Implant % (n=70)</td>
<td>68.1</td>
<td>30.9</td>
<td>0.9</td>
</tr>
</tbody>
</table>

1 community health worker client refused to respond

Nevertheless, both community representatives from Tougan agreed that there had been an increase in FP use since the beginning of the pilot.

**Provider perspectives.** Overall, primary care providers and CHWs expressed positive views of task sharing; no participants aired negative viewpoints. Some providers stated that task sharing allows for increased accessibility of contraceptive services to women who are not located close to a clinic, leading to positive reproductive health outcomes and allows women to receive contraceptive services more quickly.

*I think it helps the community level well … In fact, because CHWs live in the community, they can reach them easily.* [Primary care provider; Dandé]

Two CHWs stated that they like that they are able to provide contraceptive services and/or that they enjoy the work that they do.
Providers were similarly satisfied with their ability to provide services in the form of FP methods and counseling without having to refer clients to another provider. Some also mentioned the satisfaction of making a positive impact on their community. Nearly all providers stated that satisfaction with their job increased due to the pilot.

Quality of care
Quality of care assessed from the client’s perspective is fairly high (Table 5). Over 90% of clients said that the provider spoke to her in a friendly way and over 98% of those who asked their provider questions (about 50% of clients) reported that all their questions were answered satisfactorily. Further, more than 90% of clients of both primary care providers and CHWs reported that they talked to them about all four of the contraceptive methods in question. Other methods such as condoms, emergency contraceptive pills, Standard Days Method, withdrawal, folk remedies/herbs and the lactational amenorrhea method were also mentioned by 10% or more of FP clients, but overwhelmingly, counseling was focused on injectables, pills, implants and the IUD (see underlying data).

Over three quarters of FP initiators recounted that counseling included discussion of advantages and disadvantages, danger/warning signs, possible side effects (including menstrual irregularities) and instructions on what to do if problems or side effects are experienced (Table 5). In general, clients of CHWs were less likely than primary care clients to report that these issues were discussed. Notably, CHW clients were more likely to have made the decision to use their new method alone, while clients of primary care providers were more likely to have shared that decision with their provider.

Safety
Very few FP clients reported any outcomes indicative of unsafe contraceptive method administration or use. All incidents of abscesses or infections were reported by injectable clients, and those events were reported by less than 1% of this group.

Health Management Information System monthly report forms recorded, among other phenomena, indicators of unsafe provision of the four FP methods under study: needle sticks to providers and to clients, complications of implant or IUD insertion, and unspecified undesirable effects associated with pill, injectable, implant or IUD use. Many more unspecified undesirable effects were reported compared to complications with implant insertion and needlestick injuries to a provider or a client (Table 6).

Family planning uptake
As illustrated by Figure 1 and Figure 2, there is no general pattern of overall and continuing increase in FP uptake among new acceptors after the initiation of and during the pilot intervention. This is especially evident in Tougan. However, in both Tougan and Dandé, there is a notable increase in implant uptake shortly after the initiation and during the first two to four months of the pilot intervention. These increases coincide with the two occasions in the year (May and November) that the government provides free contraception. Otherwise, the general pattern in both districts displays periodic increases (and decreases) in implant and injectable uptake among new users. The uptake among pill and IUD acceptors shows small increases since the pilot began, but it is relatively flat compared to the more popular methods of implants and injectables.

Discussion and Recommendations
The results from this evaluation were largely positive. With regard to perceptions on feasibility, acceptability, and quality of care, the pilot intervention was a success and reinforces findings from other pilot studies of task sharing16,17. That is, injectable contraception clients, in particular, are pleased with the provision of this method through CHWs, who in turn have been

Table 5. Quality of care indicators by provider type according to client recall.

<table>
<thead>
<tr>
<th>Provider discussed ...</th>
<th>Primary care Provider % (n=200)</th>
<th>Community Health Worker % (n=225)</th>
<th>Total % (n=425)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advantages of method</td>
<td>89.0</td>
<td>82.2</td>
<td>85.4</td>
</tr>
<tr>
<td>Disadvantages of method</td>
<td>86.5</td>
<td>75.1</td>
<td>80.5</td>
</tr>
<tr>
<td>Danger or warning signs of method</td>
<td>89.5</td>
<td>80.0</td>
<td>84.5</td>
</tr>
<tr>
<td>Possible side effects that are normal</td>
<td>91.5</td>
<td>80.4</td>
<td>85.7</td>
</tr>
<tr>
<td>Possibility of menstrual irregularities</td>
<td>92.5</td>
<td>80.9</td>
<td>86.4</td>
</tr>
<tr>
<td>What to do if experienced problems or side effects</td>
<td>94.0</td>
<td>85.8</td>
<td>89.7</td>
</tr>
<tr>
<td>Who made the decision to use the new method</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Participant alone</td>
<td>78.5</td>
<td>92.4</td>
<td>85.9</td>
</tr>
<tr>
<td>Provider alone</td>
<td>5.5</td>
<td>4.0</td>
<td>4.7</td>
</tr>
<tr>
<td>Participant and provider together</td>
<td>13.5</td>
<td>2.7</td>
<td>7.8</td>
</tr>
</tbody>
</table>
Table 6. HMIS data on complications, undesirable effects and injuries associated with FP methods.

<table>
<thead>
<tr>
<th></th>
<th>Dandé</th>
<th></th>
<th>Tougan</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>CHW*</td>
<td>Primary**</td>
<td>CHW*</td>
<td>Primary**</td>
</tr>
<tr>
<td>IUD COMPLICATIONS</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>IMPLANT COMPLICATIONS</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>IUD UNDESIRABLE EFFECTS</td>
<td>0</td>
<td>12</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>IMPLANT UNDESIRABLE EFFECTS</td>
<td>0</td>
<td>16</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>INJECTABLE UNDESIRABLE EFFECTS</td>
<td>2</td>
<td>12</td>
<td>12</td>
<td>3</td>
</tr>
<tr>
<td>PILL UNDESIRABLE EFFECTS</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>INJECTABLE UNDESIRABLE EFFECTS</td>
<td>2</td>
<td>12</td>
<td>12</td>
<td>3</td>
</tr>
<tr>
<td>PILL UNDESIRABLE EFFECTS</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>INJECTABLE UNDESIRABLE EFFECTS</td>
<td>2</td>
<td>12</td>
<td>12</td>
<td>3</td>
</tr>
<tr>
<td>NEEDLE STICK INJURIES</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1***</td>
</tr>
<tr>
<td>CLIENT INJURIES</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

CHW – community health worker, IUD – intrauterine device
* Data recorded from February to December 2017
** Data recorded from January 2016 to December 2017
*** Recorded before provider training or pilot initiation

Figure 1. Uptake of family planning methods in Dandé, January 2016 to December 2017.

Figure 2. Uptake of family planning methods in Tougan, January 2016 to December 2017.
shown to be capable of and amenable to providing this service. With regard to LARCs, and implants in particular, CHWs and nurses trained to provide this method demonstrated the feasibility and safety\textsuperscript{18} and increased access to contraceptive methods\textsuperscript{18}.

This project is unique in that several health provider cadres and methods were involved simultaneously in this task sharing enterprise, confirming that with strong stakeholder engagement and coordination, task sharing can be implemented at multiple levels simultaneously.

The providers, community representatives and government officials included in this evaluation all spoke supportively of the intervention and considered it a boon to women and the communities in which they live. FP clients were satisfied with their methods and the services they received from their respective providers. Notably, almost half of the FP clients interviewed were first time FP acceptors, suggesting that task sharing may have increased accessibility of family planning methods for new users. Both primary care providers and CHWs report that stockouts were not a major problem and the increase in their workload was largely manageable. Client reports also suggested that trained primary care providers and CHWs were safely providing FP services to their clients.

HMIS data on pills, injectables, implants and IUDs from January 2016 to December 2017 did not show a clear and steady increase in method uptake beyond spikes coinciding with free contraceptive weeks in May and November. More may need to be done to generate demand for FP services, but it is important to keep in mind that the provision of free contraception appeared to have dramatically increased method uptake. Perhaps a longer evaluation timeframe would have detected additional changes in method uptake, but the scope of this evaluation did not include obtaining data beyond calendar year 2017.

This evaluation provided important insights relevant to scale-up. There were a few reports that some LARC clients were obliged to wait until a provider was available or were sent elsewhere to obtain an IUD or implant. As such, the pilot facilities may not have had the resources to meet the demand for LARC provision. Before scale-up of the intervention, a sufficient number of providers should be trained and available to insert IUDs and implants in designated facilities, especially during free contraceptive weeks in May and November. Quality of care—as rated by clients—was fairly high. However, when the individual indicators of quality of care were examined by provider type, there were clear differences in the information being provided to CHW clients versus the clients of primary care providers. This suggests that training and follow-up of CHWs may need to be augmented, as CHW clients were less likely to report that their provider talked to them about advantages, disadvantages, warning signs, side effects or side effects management of their chosen method. This may also explain why more primary care clients reported that they shared decision making on method choice than CHW clients: more discussion of the method and its appropriate use likely contributed to this feeling of collaboration and reiterates the wisdom of training CHWs to provide more information to clients.

On the provider side, both primary care cadres and CHWs reported job satisfaction. MoH officials remarked on the success of the training and follow-up supervision, but like providers, mentioned the lack of financial incentives as a possible impediment to increasing the reach and impact of the intervention. Although most providers stated that the increased workload created by task sharing was not a problem, CHWs in particular, were vocal about not being paid for the additional work. Given the predominance of injectables in the method mix and the importance of CHW provision, scale-up efforts should include incentives that keep CHWs engaged and an integral part of task sharing injectable contraceptive provision.

The addition of community representative voices to the evaluation was informative. Community representatives bolstered the appeals of providers by emphasizing the importance of community sensitization with regard to generating the demand for and provision of FP. Community representatives also believed that FP uptake increased during the pilot intervention period, thus supporting perceptions of MoH officials and providers (if not the HMIS data). Community representatives can play a more sustained and systematic role by coordinating and leading sensitization events in their communities to contribute to greater male involvement in FP uptake.

Given the positive results, this evaluation demonstrated that task sharing is a feasible and acceptable approach to increasing women’s access to various FP services in this setting. Scale-up to other regions of Burkina Faso, and other countries interested in following suit, should build on the pilot intervention—paying attention to the insights gained from the evaluation.

**Data availability**

**Underlying data**

We cannot provide transcripts or summary notes of the interviews because of the very real possibility of participant identification. Quantitative data for FP clients is available via Harvard Dataverse

Harvard Dataverse: External evaluation of a pilot intervention to increase access to family planning services in Burkina Faso. https://doi.org/10.7910/DVN/PSIK4Q\textsuperscript{10}

This project contains the following underlying data:

- client_deid.tab (Codebook for dataset)
- client_codebook.xlsx (Deidentified quantitative data)

**Extended data**

Harvard Dataverse: External evaluation of a pilot intervention to increase access to family planning services in Burkina Faso. https://doi.org/10.7910/DVN/PSIK4Q\textsuperscript{10}

This project contains the following extended data:

- 1106971_Burkina_IDI_guide_provider_v1.0_clean.docx (Qualitative interview guide for Community Health Workers and Primary Care Providers)
• 1106971_Burkina_IDI_guide_gov_official_v1.0_clean.docx (Qualitative interview guide for government officials)

• 1106971_Burkina_IDI_guide_comm_rep_v1.0_clean.docx (Qualitative interview guide for Community Representatives)

Data are available under the terms of the Creative Commons Zero “No rights reserved” data waiver (CC0 1.0 Public domain dedication).

References


Grant information

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This evaluation was supported by an anonymous donor. The contents of this manuscript are the responsibility of the authors and do not necessarily reflect the views of the funder.

The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.
Open Peer Review

Current Peer Review Status: ? ? ?

Version 1

Reviewer Report 09 September 2019

https://doi.org/10.21956/gatesopenres.14117.r27448

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Clémentine Rossier
Institut de démographie et socioéconomie, University of Geneva, Geneva, Switzerland

The paper is well written, task-sharing is an important programmatic step to expand contraceptive services in low income countries, and a pilot study on a country such as BF where task-sharing is not yet a national policy is an important endeavour. Methods and analysis are sound as well.

This paper needs to be strengthened along several lines however. First a theoretical section summarizing the literature on task-sharing is missing: what effect on uptake was found in other sites? What obstacles and challenges have been documented in studies so far? In particular, only if all existing studies have demonstrated an effect of task sharing on contraceptive uptake can the following sentence be introduced, and only after mentioning these studies: “Burkina Faso can truly accelerate FP uptake by promoting measures such as task sharing that expand access to FP services”. This should be stated as a question, one of the question this pilot study attempts to answer.

The originality of the project should be stated right after this review of the literature. The following sentence comes much too late: “This project is unique in that several health provider cadres and methods were involved simultaneously in this task sharing enterprise, confirming that with strong stakeholder engagement and coordination, task sharing can be implemented at multiple levels simultaneously.”

Altogether, the first part of the paper (introduction and results) sounds biased in favour of the intervention, because possible problems are not mentioned in the introduction, and because the effect of the intervention on uptake is not introduced as an open question. Results seem to devote too much space to positive aspects. For example, should so much space in the results section be devoted to informants stating that FP use has increased? Service statistics shows that this is an impression, probably linked to the occurrence of free contraceptive weeks, but that no clear link could be made with the introduction of task sharing.

In the discussion the authors should state more clearly that the pilot did not increase FP uptake, and discuss this in the context of free contraceptive weeks (i.e. this other intervention may have increased demand to its maximum, so that additional task-sharing did not change anything; task-sharing should be introduced in a controlled environment, where no other interventions are on-going, to show its effects on
demand). Other than that, the discussion is more balanced and critical and thus useful; the introduction and results should be written in this scientific tone.

**Is the work clearly and accurately presented and does it cite the current literature?**
Partly

**Is the study design appropriate and is the work technically sound?**
Yes

**Are sufficient details of methods and analysis provided to allow replication by others?**
Yes

**If applicable, is the statistical analysis and its interpretation appropriate?**
Yes

**Are all the source data underlying the results available to ensure full reproducibility?**
Partly

**Are the conclusions drawn adequately supported by the results?**
Partly

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** sexual and reproductive health, family demography

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Reviewer Report 17 July 2019

https://doi.org/10.21956/gatesopenres.14117.r27445

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Sarah Saleem
Department of Community Health Sciences, The Aga Khan University, Karachi, Pakistan

Saleem Jessani
Department of Community Health Sciences, The Aga Khan University, Karachi, Pakistan

The paper “Evaluation of a pilot program for task sharing short and long-acting contraceptive methods in Burkina Faso” by Quee et al. is an interesting and detailed program evaluation report of a pilot study conducted in Burkina Faso which aimed to “increasing access to family planning (FP) services through task-sharing for short- and long-acting family planning methods to primary care cadres.” However, the following points should be addressed for strengthening the paper in order to convey a clear message to readers.
Abstract:
1. Background: It should be limited to program background and objective only. The details related to trainings can be moved to methodology.
2. Methodology: It describes about the type of tools used for quantitative and qualitative components. It includes the sample size and the details of service statistics. Moreover, some details of service statistics are also required.
3. Conclusion: It is a very general statement and should be based on the results presented providing a way forward.

Introduction:
1. Task sharing has been justified, however there is no information about the health system in Burkina Faso describing the need of task sharing.
2. Details of the pilot project including the indicators reported for data collection, analyses and interpretation can be moved to methodology.

Methods:
1. It would be good if the 2nd paragraph on page 4 “Indepth interviews (IDIs) ………” along with the sample size and the details of service statistics include information on what statistics have been used for evaluating the program.
2. For sample size, authors have used an assumption that at least 75% providers will talk about side effects of contraceptive methods. It would be good if reference is provided for this assumption.
3. There should be an explicit note of eligibility criteria of participants enrolled in various assessments.
4. There are chances of selection bias with inclusion of new FP users only in the quantitative assessment as non-acceptors were not interviewed. This limitation can be addressed in the discussion section.
5. In the description of pilot intervention, it has been mentioned that events that sensitized the community to FP were held but there are no further details. The intervention should be spelled out in methodology clearly.

Results:
1. The results showed that 425 new FP clients were interviewed; however, it would be good if authors can report response rate, i.e. how many of them refused to participate in the study, and how many of them actually were in the records.
2. During the intervention period, how many participants were approached; of these how many accepted FP method and how many were the continued uses at the time of interviews.
3. There should be some comparative analysis supported by relevant statistical tests.

Discussion:
1. Although, the results from the qualitative component were most addressed, however, HMIS data before and after intervention were inconclusive. Therefore, results should be interpreted cautiously.
2. Strengths and limitations of the study are missing.

Overall impression: The article can be indexed after suggested revisions.

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Partly
If applicable, is the statistical analysis and its interpretation appropriate?  
Yes

Are all the source data underlying the results available to ensure full reproducibility?  
Yes

Are the conclusions drawn adequately supported by the results?  
Partly

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: maternal and newborn health, family planning

We confirm that we have read this submission and believe that we have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however we have significant reservations, as outlined above.

Reviewer Report 28 June 2019

https://doi.org/10.21956/gatesopenres.14117.r27446

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Eileen A. Yam  
Population Council, Washington, DC, USA

This paper is a largely descriptive analysis of a pilot program to task share provision of short- and long-acting family planning with primary care providers and community health workers in two districts in Burkina Faso. The substantive take-aways are clear and substantiated by presented findings, and most of my suggestions are to clarify or strengthen the language. The qualitative data cannot be shared, so understandably, those source data are not available.

Abstract

1. Methods: what kind of service statistics, and how many exit interviews and IDIs?
2. The Conclusions are very thin and not particularly informative. What kinds of decisions can be guided by these findings?

Introduction

1. There seems to be a missing problem statement. What are the challenges that task sharing can address? For instance, can you cite data on whatever the problems are in Burkina Faso, like the shortage of specialists, geographic disparities in service coverage, overburdened doctors, etc.?
2. Who are these individuals referred to as "primary care cadres?" The description of who they are is in the next paragraph, but it makes more sense to shift those definitions here, since you first mention these cadres here.
3. What sectors are these 26 health centers? All public? How did these cadres identify which patients were to be offered FP services, since the sites were primary care services as opposed to dedicated FP sites?
4. The list of indicators of interest are better placed in the Methods section describing the analysis, rather than the Introduction. Also, are the “reports of client satisfaction” the reports of women, or of providers?

Method
1. Since these are primary care services, what was the standard operating procedure for identifying and providing FP services to the subset of patients who want FP? Presumably, many/most primary care patients are not actually looking for FP services.
2. For the qualitative component, can you provide any more information on the four community representatives? Can you at least describe the genders of these individuals?
3. On p. 5, in the paragraph describing ethical review, the text seems to suggest that the protocol received a non-research determination from FHI 360's ethical review board (i.e., exempt), but that it was not exempt by the in-country ethical review boards. Why the discrepant determinations?

Table 1
- Add some brief language describing what registered birth attendants, auxiliary birth attendants, and “mobile” health workers are.

Discussion and Recommendations
- Only FP acceptors are interviewed, so a potential limitation is that the study team did not get the perspectives of those who may not have opted to accept FP, despite having been counseled by one of the providers in the pilot. Isn't it possible that women were counseled by these providers, but perhaps did not have a good experience and, therefore, did not accept FP? If the specifics of the intervention were spelled out more clearly up front in the description of the pilot, the answer to this question may be evident.

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Partly

If applicable, is the statistical analysis and its interpretation appropriate?
Yes

Are all the source data underlying the results available to ensure full reproducibility?
Partly

Are the conclusions drawn adequately supported by the results?
Partly

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: family planning, HIV

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.